

## What are Works of Mercy?

"Works of Mercy" are acts of love through which we care for the needs of others, and thereby give witness to Christ. Jesus instructed us to care for others, and one way for us to accomplish this is by performing the Works of Mercy.

Mercy enables us to show love and compassion to those who are suffering in any way - whether in mind, body, heart, or soul. Works of Mercy are divided into two categories: Corporal Works of Mercy (dealing with the body) and Spiritual Works of Mercy (dealing with the mind, heart, and soul).

## Corporal Works of Mercy

- + Feed the hungry
- + Give Drink to the Thirsty
- + Clothe the Naked
- + Shelter the Homeless
- + Visit the Sick
- + Visit the Imprisoned
- + Bury the Dead

## Spiritual Works of Mercy

- + Counsel the Doubtful
- + Instruct the Ignorant
- + Admonish Sinners
- + Comfort the Afflicted
- + Forgive Offenses
- + Bear Wrongs Patiently
- + Pray for the Living and the Dead

Students will engage in Works of Mercy designed to help our Saint Mary's School and Parish communities, and to serve those in need. Activities may include:

- + Clean-up of Saint Mary's Cemetery
- + Coordinating Friend-In-Need (F.I.N.) Bags
- + Wrapping Silverware for Christ House (Thanksgiving Dinner and Easter Dinner)
- + Christmas Mass and caroling at Woodbine Rehabilitation Center
- + Making placemats/participating in a Prayer vigil for the Kairos Prison Ministry
- + Making cards for the sick, grieving, and lonely
- + Collecting baby items for Catholic centers dedicated to mothers in need
- + Various other charitable acts

Have a project or activity to recommend? Email <u>WorksOfMercyVA@gmail.com</u>.